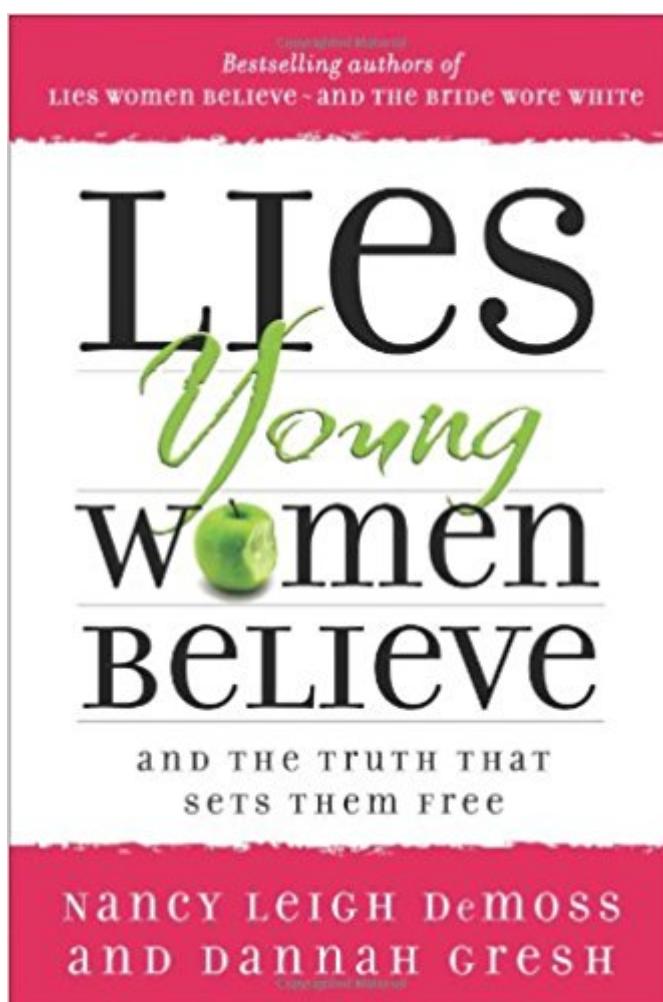


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# Lies Young Women Believe: And The Truth That Sets Them Free



## Synopsis

You have been lied to! Have you been deceived? Through a nationwide survey and in-depth discussion groups, Nancy and Dannah have listened carefully to the heart of your generation. And here are some things they've heard: "I know God should be the only thing that satisfies, but if it could be Him and my friends, then I could be happy." "It seems like I have been struggling with depression forever. I always feel like I am not good enough." "I tell myself that I don't really listen to the song lyrics, but once I hear a song a few times and start thinking about what they're saying I realize that it's too late. It's already stuck in my head." "For me, the whole wife and mom thing is overrated. It isn't cool to want a husband and a family." Maybe you can identify. Trying to listen to the right voices can be difficult. This book has been written by friends who will help you find the Truth. Maybe your heart is telling you that some things in your life are way off course. Certain habits and relationships have left you confused and lonely. This is not the way it's supposed to be. In this book, Nancy and Dannah expose 25 of the lies most commonly believed by your generation. They share real-life accounts from some of the young women they interviewed, along with honest stories about how they've overcome lies they believed themselves. They get down in the trenches of the battle with you. Best of all, they'll show you how to be set free by the Truth.

## Book Information

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## Customer Reviews

Through a nationwide survey and in-depth discussion groups, Nancy and Dannah have listened

carefully to the heart of your generation. Here are some of what they heard: “I know God should be the only thing that satisfies, but if it could be Him and my friends, then I could be happy.” “It seems like I have been struggling with depression forever. I always feel like I am not good enough.” “For me, the whole wife and mom thing is overrated. It isn’t cool to want a husband and a family.” “Maybe you can identify. Maybe your heart is telling you that some things in your life are way off course. Maybe certain habits and relationships have left you confused and lonely. This is not the way it’s supposed to be.” In this book, Nancy and Dannah expose 25 of the lies most commonly believed by your generation. They share real-life accounts from some of the young women they interviewed, along with honest stories about how they have overcome lies they themselves believed. They get down in the trenches of the battle with you. Best of all, they will show you how to be set free by the Truth.

NANCY DEMOSS WOLGEMUTH has touched the lives of millions of women through Revive Our Hearts and the True Woman movement, calling them to heart revival and biblical womanhood. Her love for Christ and His Word is infectious, and permeates her online outreaches, conference messages, books, and two daily syndicated radio programs, Revive Our Hearts and Seeking Him. Her books have sold more than three million copies and are reaching the hearts of women around the world. Nancy and her husband, Robert, live in Michigan. DANNAH GRESH is a bestselling author and co-founder of Pure Freedom. Dannah’s books include *And the Bride Wore White*, *What Are You Waiting For: The One Thing No One Ever Tells You About Sex*, and *Lies Young Women Believe* (co-authored with Nancy Leigh DeMoss), in addition to the Secret Keeper series. She is also a frequent guest for national radio, TV and print mediums. Dannah lives in State College, Pennsylvania, with her husband, Bob, and their three children.

I have been looking for a book like this for my 12 year old daughter for a while. It is so thorough and touches on topics that every girl struggles with. We love it's honest approach and real life commentary. We also ordered the study guide to go with it, although the book is enough on it's own.

I've given this to my daughters to help them discern biblical truth about their role as a woman versus what society today tells them. If you're a Christian family with teen-age daughters, I highly recommend this study. It does have more impact when another female adult mentor walks through this with them.

Great book for young girls. Doing a bible study with it with a group of girls aged 13-15 and it generates very meaningful conversations aimed at preparing them for a bigger world ahead.

Principles are good. Examples are extreme so that the principles fail to connect with young women in generally healthy situations.

I thought this was a great book. I bought it to help with low self esteem for my daughter. Young women are faced with so many things these days that can tear down their self image, from acceptable size to how many likes you get on a picture on social media. She doesn't like to read so I have learned to incorporate suggestions into our conversations.

I really appreciate this book and I hope to set up a bible study for teens at our church. There are a few chapters that are touchy (i.e. Sex) but I know necessary because, even if our teens won't admit it, they are faced with this topic every second of the day. I will definitely recommend this book to others.

It was what they said was. It was a gift and the person I gave it to loved it. Trust me. Buy it you will not be disappointed.

Everybody thinks the way they think... is just the way they think. When 99% of the time it is a lie! This should be a class for all females 12-30. (There is another book for older women.) Why do we waste so much of your lives believing the lies, like...I'll be happy when I'm skinny or I'll be happy when I have a boyfriend, etc. I recommend getting the study guide to go with it!

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